### Health and Climate Change in Iberian Peninsula: is food missing in the equation?

### Saúde e Alterações Climáticas na Península Ibérica: está a alimentação fora da equação?

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# Outline

- Climate change: what is changing?
- Climate change: is impacting health? and food?
- Climate change & Food contaminants (Mycotoxins)
- Consequences for Iberian Peninsula
- Mitigation and adaptation strategies

### Climate change – what is changing?



Evolution of global mean surface temperature (GMST) over the period of instrumental observations

IPCC, 2018: Global Warming of 1.5°C.

## Climate change & extreme events & health

### **Record Heat Scorches Western Europe**



World Weather Attribution (WWA), June 2017

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Population exposure to particulate-matter and related mortality due to the Portuguese wildfires in October 2017 driven by storm Ophelia



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(Left) Number of natural deaths attributable to  $PM_{10}$  from the wildfires of October 2017 in Portugal; additional information in SMI. (Right) Number of cardiorespiratory deaths attributable to  $PM_{10}$  from the wildfires of October 2017 in Portugal

## Climate change – different health impacts



### IMPACT ON PUBLIC HEALTH

Assunção et al., 2020

- Climate change  $\rightarrow$  possible food safety impacts
  - Foodborne Disease Agents (Bacteria, Viruses and Parasitic)



- Toxicogenic Fungi and Mycotoxin
   Contamination
  - Naturally occurring toxins produced by fungi, affecting humans and animals
  - Food & feed are considered the main exposure sources



### How close are we to "dangerous temperatures"?



Human-induced warming reached approximately 1°C above pre-industrial levels in 2017

At the present rate, global temperatures would reach 1.5°C around 2040

IPCC, 2018: Global Warming of 1.5°C.

# Trade-Offs between mitigation and adaptation strategies to reduce the consequences of climate change

- 1. Prevention of mycotoxin contamination
  - Complete prevention  $\rightarrow$  is not feasible (natural contamination)
- Surveillance and Monitoring human, animal, food and environment
  - Detection of biomarkers/metabolites in populations  $\rightarrow$  measure of exposure to toxins
- 3. Predictive modelling
  - Generate crucial information to manage risk by all the stakeholders, including farmers
- 4. Maintenance of safe food stocks
  - Food insecurity ightarrow consumption of unfit food
  - Good quality and secure storage food products

- 5. Good Agricultural Practices (GAP)
  - Revised GAP for problematic crops
  - Production and consumption of alternative crops
- 6. Public/consumers information
  - Mycotoxins are not understood by the public as an invisible threat  $\rightarrow$  difficult to publicize effectively
- 7. Investment in scientific and technical capacities
  - Better understanding of problems and new approaches for dealing with them



